

## **We cannot take all the asylum seekers from the whole world. We just can't give everybody a warm welcome.**

---

### **Why?**

*(Try to find out what feelings and needs are alive in the other person: empathic resonance)*

Are you feeling insecure/worried?

Do you need stability/safety?

### **What if?**

*(‘Mirror questions’: how would it be if you were standing in the shoes of that person)*

Do you know people who have left their country and their way of living? Can you imagine what they have gone through?

Can you understand how it will be for them to know they are not welcome, that we don't want them in our neighbourhood?

### **Self-reflection**

*(Questions you can ask yourself in silence to support yourself in understanding the other person)*

How important is stability/safety for me?

When do I need stability/safety?

How do I feel when this need is not fulfilled?

### **Empowerment**

*(More information on the issue and tips how to explore the problem and continue the discussion)*

In 2015 the impression was created that millions of people are on their way to Europe. In fact, in 2015 there was a high peak of asylum applications in the European Union of 1.3 million people that decreased to about 600.000 applications in 2018. Today we realize that the high amount of armed conflicts or political instability and dramatically changed climate in some countries lead to these high numbers of refugees worldwide.

If we want to limit the number of refugees, we must combat the causes of migration and ensure that people can live safely in their countries.

[https://ec.europa.eu/eurostat/statistics-explained/index.php?title=Asylum\\_statistics](https://ec.europa.eu/eurostat/statistics-explained/index.php?title=Asylum_statistics)

---

Category: Asylum seekers

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



Co-funded by the  
Erasmus+ Programme  
of the European Union

Project Number: 2018-1-DE02-KA204-005060