

## All politicians are liars! They are looking just for their interests.

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### Why?

*(Try to find out what feelings and needs are alive in the other person: empathic resonance)*

Are you concerned/angry?

Do you have a need for honesty/reliability/ commitment?

I guess what you're saying is that you are concerned/angry because you think politicians are not really involved in what is important for all of us. You want them to be more honest and reliable. Is that what you mean?

### What if?

*(‘Mirror questions’: how would it be if you were standing in the shoes of that person)*

Do you know someone in your neighborhood who is a councillor for instance? Can you imagine how they are feeling when they are called liars?

### Self-reflection

*(Questions you can ask yourself in silence to support yourself in understanding the other person)*

How important is honesty/ reliability/commitment for me?

When do I need it?

How do I feel when this need is not fulfilled?

### Empowerment

*(More information on the issue and tips how to explore the problem and continue the discussion)*

Politicians are voted by ordinary people like you and me. So the public is giving them feedback about how they are expected to act. In their campaigns, they have to refer to things that people are interested in.

The question is whether they follow after the elections the program they promised to implement. If a politician is suspected working only for his / her own benefits, they won't be elected again. In the end, their employment relationship is basically a temporary contract which is measured by the legislative period and not a secure job.

Today there are international movements like "Transparency international" which fight against corruption. They try to prosecute corrupt politicians or business leaders for the abuse of power.

<https://www.transparency.org/>

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