

Journalists are liars.

Why?

(Try to find out what feelings and needs are alive in the other person: empathic resonance)

Are you feeling uncertain/ suspicious?

Do you need honesty/integrity?

I guess you are uncertain/suspicious because for you honesty/integrity is an important value. And you aren't sure journalists are objective in the way they spread the news. Is that what you are saying?

What if?

(‘Mirror questions’: how would it be if you were standing in the shoes of that person)

Do you personally know someone who is working as a journalist? Do you know how they manage to do their job?

Can you imagine how they would react when you are calling them liars?

Self-reflection

(Questions you can ask yourself in silence to support yourself in understanding the other person)

How important is honesty/integrity for me?

When do I have the need for it?

How do I feel when this need is not fulfilled?

Empowerment

(More information on the issue and tips how to explore the problem and continue the discussion)

Articles reflect different opinions. That may not be your opinion but that doesn't make it a lie. Journalism is like any other profession, there are good people doing a good job and people whose work we question. It is not working to put a whole profession in one basket. The only thing to do against bad journalism is to think critically, check the sources your information is coming from and be alert for expressions that try to slip you their opinion under.

Category: Press, media

