

Share and Learn

Summary

This activity invites participants to reflect on their own strength and to learn from each other.

Aims

To experience learning from each other. To realize that people around us are a great source of learning.

Participants

any

Method

combination of methods – self-reflection, silent floor, experiential learning, reflection

Source

training resources of Jana Randa

Keywords

learning, community, own strength

Contributor

Qualed

Description

This activity consists of 5 steps:

Self-reflection: Write down 3 things that you like, 3 things you are curious about, and 3 things you are good in (this step can be done individually or in pairs to support the process) – different paper for each of the categories. Do not be too serious (just things that come to your mind). Put your name on each of the papers.

The market of interest: Everyone places their papers in the room (walls/floor) so others can walk around and read it.

Learning exercise: Now you have 10 minutes to learn something new from someone in the group.

Reflection A:

How did you spend the 10 minutes?

How was the exercise for you?

What did you learn?

What did you learn about the person you spend the time with?

Reflection B:

Who were/are the important teachers in your life?

What about your parents or people who took care of you when you were a baby?

Learning walking – talking – relating to people. It is said that the crucial age for learning social skills is between 0-3 years. J

Possible input you want to give on social learning.

Material

Papers of 3 different colours – bigger post-its is the best option

Tape

Pen/marker for each participant

Category: Social Learning, Group size: Small group, Duration: 60 min

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